Research into young people's loneliness and social isolation

Are you aged 16-24 years and live in Essex?
Do you feel lonely or cut off from others?

The University of Essex is looking for people to take part in a research interview about their experiences.



Photo by Luke Ellis-Craven on Unsplash

You will be given a £20 voucher to thank you for your time

What does the research involve?

- You will take part in an interview, either online or in person.
- The interview questions will focus on your experiences of loneliness, isolation, belonging, and how these relate to mental health.

Who is doing the research and why?

- We are a mental health research team at the **University of Essex**.
- Findings from the research will be used to develop solutions to loneliness and improve support for young people.
- The research has been approved by the University of Essex ethics committee (ETH2526-0992)

Get in touch

To find out more about the research and what taking part will involve, please email Lauren O'Connell at **lauren.oconnell@essex.ac.uk**
OR message us on WhatsApp: **07483 329411**

Interested in taking part? Scan the QR code to go to our sign-up page.

Scan to sign up

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