

The image shows two hands, one on the left and one on the right, cupped together in a gesture of support or offering. The hands are rendered in a light grey color with white outlines for the fingers and palms. In the center of the hands, the words "New Steps" and "Group" are written in a bold, yellow, sans-serif font. Both words are underlined with a thick yellow line. The entire graphic is set against a white background within a yellow border.

New Steps Group

This is a friendly group offering those who have been bereaved the chance to meet others who share and understand the experience of loss and are looking to make new friends, socialise and explore new interests together.

It takes just one new step to have a friendly chat over a cuppa and make new friends.

Meet Wednesdays; 12.30pm—2.30pm

**At Rayleigh Baptist Church,
High Road, Rayleigh, Essex, SS6 7QA**



A small donation of £2 is appreciated towards running costs

For more information please call 01268 772796
or email info@rravs.org.uk