



# Knit to Nurture Network

Are you a wonder with wool? Make a difference to your local community by knitting for charitable causes.

**Thursdays 11.30am-1.30pm**

**The Royal British Legion  
2 London Hill  
Rayleigh  
Essex, SS6 7HP**

**RRAVS**

Rayleigh Rochford and District Association for Voluntary Service

01268 772796

[www.rravs.org](http://www.rravs.org)